



English for PS, Sek I und Sek II

## Cultural phenomena

Fast food (19)

13:45 minutes

Two-track audio

### Summary

Fast food is convenient because it is quick to prepare. But hamburgers and French fries contribute to more and more children growing overweight. In clinics obese children at great pains work off their extra kilos again and adjust their diet. To prevent this from happening, both young and old have to know how to eat healthy despite the presence of fast food.

### Didactics

The programme «Fast food» shows different aspects of the fast food. The film can be used anywhere, where the following questions evoke: What is fast food? Is fast food unhealthy? Where does fast food come from?

### Learning goals

The students...

1. learn the history of fast food.
2. know, whether fast food can be addictive.
3. recognize the health risks of fast food.
4. know what other problems fast food brings.

### Methodical ideas

This lesson plan will require approximately two or three lessons.

1. Students brainstorm fast food products and group them into healthy/unhealthy.
2. Groups discuss questions 2, 5, 11, 12 on the worksheet.
3. Watch the film up to 01:22. Did the students answer question 2 correctly?
4. Watch up to 06:19. Discuss question 5 on the worksheet.
5. Continue up to 11:50. Students take notes individually on questions 7 to 9.
6. Discussion on obese children.
7. Watch the last bit of the film.
8. Go over the list of fast food items once more. Answer question 11.
9. Students tackle the worksheet individually, using their notes.
10. Watch the film again in one piece.